



## Seeing how societal power affects you

Use this activity to reflect on your own identity in relation to the dominant social identities in your organisation or community, or society as a whole. This can reveal how different aspects of social identity intersect in each of us, affording us more privilege and power.

If you use this activity in a group, don't expect people to share their personal flower – focus on what people learn from the process. You can choose whether to write your name in the centre or leave it blank

1. Label each petal with the different identity categories that you feel are most important to the group (eg your organisation or all of society). These might include age, race or ethnicity, gender, class, religion, disability, education, or any other category that feels relevant.
2. In the outer petals, write the dominant characteristic for the people who make up the group you are thinking about.
3. Draw in the inner petals according to how you feel your personal characteristics relate to each category. The larger the inner petal, the closer you feel to the dominant identity in that category.
4. Take a look at your flower. What have you learnt? How does that feel? Were any petals more difficult to fill in, or surprising?
5. If you're with others, it might be interesting to find out whether everyone chose the same categories for their petals, or whether different people experienced different things as important.

Your power flower might look something like this:

